

AGE+



City of Boston Age Strong Commission

Here's How We Can Help

As part of the Health and Human Services cabinet, our mission is to enhance your life with meaningful programs, resources, and connections so together we can live and age strong together in Boston.

Access to Information and Benefits:



Community Advocates connect seniors to a comprehensive array of resources, benefits, and information. We can:

- Assist with applications for public benefits like Supplemental Nutrition Assistance Program (SNAP) and fuel assistance.
- Ease the process of applying for, and receiving, Medicare benefits.
- Assist older adults access several tax relief exemptions and programs like the Elderly Exemption 41C, Senior Circuit Breaker Tax Credit and more.
- Assist older adults with navigating systems including the aging network and city services.

Outreach and Engagement:



The Commission organizes dozens of events and programs throughout the year. From large city-wide celebratory events to smaller neighborhood focused gatherings, we engage with older residents on many levels.

Transportation:



We are committed to helping people continue to lead independent lives by connecting them to transportation resources. We offer:

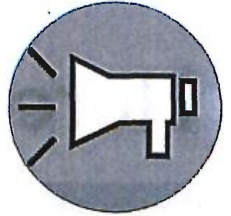
- Free wheelchair-accessible shuttles that provide door-to-door service for non-emergency doctor's appointments. Call (617)-635-3000 for more information.
- Taxi Coupons at discounted rates.
- Senior Charlie Card application assistance.

▶ Age Strong Commission Resources

Volunteer Opportunities:

We operate 4 volunteer programs in impact driven work across the city:

- *RSVP* matches seniors with valuable volunteer opportunities in Boston.
- The *Senior Companion Program* matches seniors with homebound persons who need assistance.
- *Senior Greeters* volunteer their time to greet guests of City Hall.
- *Senior Property Tax Work-Off Program*: Qualified senior homeowners get the opportunity to work-off up to \$1,500 on their property tax bill by volunteering for a City agency.



Housing:

The Age Strong Commission works to ensure that older adults are able to find and maintain housing. We can:

- Assist with housing applications.
- Connect older adults with other City and community agencies that can provide resources for home repair and other challenging situations like hoarding.
- Provide mediation and court advocacy.



Alzheimer's and Caregiver Support:

Know that you are not alone; We are here to support you. We:

- Host Memory Cafes, which are places where individuals experiencing memory loss and their caretakers can meet in a safe, social environment.
- Provide referrals and offer workshops, training, and support groups for those who are supporting an older loved one.



Stay Connected with the Age Strong Commission:



Main number:
(617) 635-4366



Facebook:
@AgeStrongBos



Website:
www.boston.gov/age-strong



Twitter:
@AgeStrongBos

Get in touch with the Age Strong Commission at 617-635-4366:

Hablamos su idioma. • Nou pale lang ou. • Falamos sua língua! • 我们可以说中文



Information + Resources
Información + Recursos
Informação + Recursos
Enfòmasyon + Resous
各种信息和相关资源



Access to Benefits: Fuel, Food, Medicare
Acceso a Beneficios: Calefacción, Alimentos, Medicare
Acesso a Benefícios: Aquecimento de casa, Alimentos, Medicare
Aksè a Benefis: Gaz, Manje, Medicaire
申请福利补贴：燃油补贴，粮食券，医疗保险和补贴



Transportation: Free Shuttle, Taxi Coupons
Transportación: Transporte Gratuito, Cupones de Taxi
Transporte: Transporte Gratuito, Cupom de Táxi
Transpò: Otobis Gratis, Koupon pou Taxi
交通协助：免费穿梭巴士，出租车优惠券

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City of Boston
Age Strong Commission
Mayor Martin J. Walsh

"There are so many programs the City offers that help me save money each year. I appreciate it." - *Older Boston Resident*



Events + Programs
Eventos + Programas
Evènman + Pwogram
各种节目活动



Volunteer Opportunities
Oportunidades para Voluntariado
Oportunidades para Serviço Voluntário
Opòtinite pou Volontye
参与志愿者活动



Housing: Repairs, Applications, Mediation
Vivienda: Reparaciones, Solicitud, Arbitraje
Habitação: Reparação, Aplicação, Mediação
Lojman: Reparasyon, Aplikasyon, Rezoud Diskisyon
房屋帮助：房子维修，房屋申请，调解纠纷

Connect with
the Age Strong
Commission:



Website:
www.boston.gov/age-strong



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